

# CODE OF CONDUCT INVOLVING YOUTH ACTIVITIES

*Please read through each section of this document and agree to these terms before volunteering for events that involve children or adolescents.*

While at the facility, Ambassadors will conduct themselves in a professional manner. As an Ambassador, you are representing ExerCYse is Medicine and Iowa State University. Ambassadors should wear their ExerCYse is Medicine t-shirt or other Iowa State apparel when volunteering. It is important to be on time for the activity sessions. The facility has set schedules for activities. Limit your conversations with other ambassadors, and converse with the children instead. Ambassadors are seen as role models and the children will look up to you. Make sure to interact with children positively to ensure that all children have a positive experience

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Do not discriminate based on race, color, creed, national origin, disability, gender, religion, or any other factor. Do not discipline or take a child out of a game. Contact the staff if a child is behaving poorly or disrupting the activity. All children are to participate in activities; if they are ill, direct them to staff and the staff member will determine if they are fit to participate. Do not administer any form of medication to a child. Direct any child to the staff if they complain about being ill or if a child looks or acts ill. Do not let a child leave the premises under any circumstances. If someone comes to pick up their child for any reason, notify the staff before the child goes anywhere.

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Do not post any child photos on your phone or computer. This includes Facebook, Snapchat, Twitter, or any other social media account. Accidents can happen; do not attempt to diagnose or treat a child if they obtain an injury. If a child complains of any pain, promptly inform the staff. If an emergency situation should arise, find the staff immediately. The staff will handle the situation in accordance with facility protocol. Finally, it is important to remember you are a volunteer not a trained employee.

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When giving instruction, always speak to the children in a calm, quiet tone of voice. Do not raise your voice as it could frighten some children and does not increase obedience. Encourage and praise children throughout the activities to provide a positive atmosphere. Do not discipline the children. Always inform the staff if any issues arise. Children should always be referred to by their given name. Nicknames such as, honey, sweetie, and darling are inappropriate.

